

VALUE ADDED COURSE

DETAILS

2019-2020



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



THIS DOCUMENT INCLUDES THE FOLLOWING DETAILS OF VALUE ADDED COURSES

2019-2020

- FINANCIAL LITERACY
- PHYSICAL EXAMINATION
- EMOTIONAL INTELLIGENCE
- PEDIATRIC CARE
- PALLIATIVE CARE
- PATIENT SAFETY IN NURSING
- EMAIL ETIQUETTE TRAINING

AND IT IS ARRANGED IN FOLLOWING ORDER;

- CIRCULAR
- PROGRAM SCHEDULE
- PRETEST -POSTTEST QUESTIONNAIRE
- CERTIFICATES

Principal

SREE NARAYANA NURSING COLLEGE

Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnn@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



SNNC/ACD/VAC/2019-2020/07.

Date: 14/10/2019

CIRCULAR

The Community Health Nursing Department is planned to conduct value added course on "FINANCIAL LITERACY FOR NURSES" From 28/02/2020 To 29/02/2020. The IV B.Sc., Nursing students are instructed to attend the course without fail.

V. Jayanti
Principal

Copy To:

1. QAC Co-Ordinator
2. Class Co-Ordinator
3. Notice Board



[Signature]
Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CDN/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



COURSE TITLE: FINANCIAL LITERACY FOR NURSES

AIM:

The course aims to empower nurses with essential financial literacy skills, enabling them to make informed decisions about their personal finances and understand the financial aspects of healthcare.

COURSE OBJECTIVES:

1. Equip nurses with knowledge of basic financial principles and terms.
2. Enhance understanding of personal budgeting and savings strategies.
3. Provide insights into managing student loans, mortgages, and other debts.
4. Develop skills for making informed decisions about investments and retirement planning.

COURSE OUTCOMES:

Upon successful completion of this course, participants will be able to:

- o Recognize the importance of financial literacy in both personal life and professional nursing practice.
- o Create and maintain a personal budget tailored to individual needs and goals.
- o Negotiate salary and benefits packages effectively by understanding the financial components.
- o Recognize common financial frauds and scams that may affect nurses.



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



PROGRAM SCHEDULE:

DATE	TOPICS	SESSION & DURATION
18/10/2019 (FRIDAY)	Introduction to financial literacy	F.N (9:00 A.M. to 1:00 P.M.)
	Personal budget	
	Understanding debts and loans	A.N (2:00 P.M. to 6:00 P.M.)
	Investing basics	
19/10/2019 (SATURDAY)	Retirement planning	F.N (9:00 A.M. to 1:00 P.M.)
	Navigating health care cost	
	Ethical decision making	A.N (2:00 P.M. to 6:00 P.M.)
	Ethical and Legal financial issues	



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



FINANCIAL LITERACY

PRETEST / POST TEST QUESTIONNAIRE

1 Which of the following is an example of a fixed expense for a nurse?

- A) Grocery bill
- B) Rent or mortgage payment
- C) Utility bill
- D) Entertainment expenses

2. What is the purpose of creating a budget?

- A) To increase expenses
- B) To track income and expenses
- C) To avoid paying taxes
- D) To manage credit card debt

3. Which financial tool is essential for planning retirement savings?

- A) Savings account
- B) Health Savings Account (HSA)
- C) 401(k) or IRA
- D) Certificate of Deposit (CD)

4. What is a good first step for managing student loan debt after nursing school?

- A) Ignore the loans until they are larger
- B) Make minimum payments and focus on other debts
- C) Create a repayment plan and budget for it
- D) Take on additional loans to consolidate



Principal

SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



5. What type of insurance is crucial for protecting against significant medical expenses?

- A) Auto insurance
- B) Homeowners insurance
- C) Health insurance
- D) Life insurance

6. What is the primary advantage of using a high-yield savings account?

- A) Lower risk of investment loss
- B) Higher interest rate on savings
- C) No fees for account maintenance
- D) More convenient online banking

7. What should a nurse consider when planning for major life events such as buying a house or starting a family?

- A) Future job promotions
- B) Current debt levels and income
- C) Short-term market trends
- D) Unplanned medical emergencies

8. What is an emergency fund and why is it important?

- A) A savings account used for everyday expenses
- B) A fund to cover unexpected expenses or financial emergencies
- C) A fund used to invest in the stock market
- D) A savings account for vacation expenses

9. When is it generally advisable to start saving for retirement?

- A) After paying off all student loans
- B) After achieving a significant salary increase
- C) As early as possible, regardless of current financial situation



D) Only after purchasing a home

Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



10. What is the benefit of tracking and understanding your credit score?

- A) It helps in managing daily expenses
- B) It influences loan and credit card approval and interest rates
- C) It determines your eligibility for healthcare benefits
- D) It affects your ability to save for retirement

KEY:

- 1. B
- 2. B
- 3. C
- 4. C
- 5. C
- 6. B
- 7. B
- 8. C
- 9. C
- 10. B



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



SNNC/ACD/VAC/2019-2020/06.

Date: 16/09/2019

CIRCULAR

The Nursing Foundation Department is planned to conduct value added course on "PHYSICAL EXAMINATION IN NURSING" From 17/01/2020 To 18/01/2020. The I B.Sc., Nursing students are instructed to attend the course without fail.

V. Jayanthi
Principal

Copy to

1. IQAC Co-Ordinator
2. Class Co-Ordinator
3. Notice Board



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



COURSE TITLE: PHYSICAL EXAMINATION IN NURSING

AIM:

This course aims to strengthen the foundational skills in physical examination, empowering nurses to provide high-quality, patient-centred care. Let me know if you would like to adjust or add any components!

COURSE OBJECTIVES:

1. Equip nursing students and professionals with the knowledge and skills needed to perform comprehensive physical examinations across various patient populations.
2. Develop proficiency in using examination techniques, such as inspection, palpation, percussion, and auscultation, to assess the body's systems.
3. Enhance critical thinking and clinical reasoning skills in interpreting physical findings and integrating them into patient care.
4. Improve documentation and communication of assessment findings to ensure accurate diagnosis and collaborative patient care.

COURSE OUTCOMES:

By the end of the topic, Participants will;

- Develop hands-on skills in conducting comprehensive physical exams using correct techniques and protocols.
- Interpret physical findings, recognize abnormalities, and integrate them into patient care and clinical decision-making.
- Effectively document examination findings and communicate them clearly to other healthcare professionals, ensuring continuity of care.
- Build confidence in performing physical exams on patients of all ages, adapting techniques to suit different clinical settings



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



PROGRAM SCHEDULE:

DATE	TOPICS	SESSION & DURATION
20/09/2019 (FRIDAY)	Introduction to physical examination	F.N (9:00 A.M. to 1:00 P.M.)
	Assessment techniques	
	G.I system assessment	A.N (2:00 P.M. to 6:00 P.M.)
	Cardiovascular assessment	
21/09/2019 (SATURDAY)	Respiratory assessment	F.N (9:00 A.M. to 1:00 P.M.)
	Pediatric physical examination	
	Special population assessment	A.N (2:00 P.M. to 6:00 P.M.)
	Documentation	



Principal

SREE NARAYANA NURSING COLLEGE

Chinthareddypalem,

NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



PHYSICAL EXAMINATION

PRETEST/ POST TEST QUESTIONNAIRE

1. Why is a thorough physical examination essential in nursing practice?
 - A) It helps in making a quick diagnosis without further tests.
 - B) It ensures that nursing staff can perform surgeries.
 - C) It provides baseline data and helps identify changes in a patient's condition.
 - D) It eliminates the need for patient history taking.
2. Which of the following is an important benefit of performing a physical examination?
 - A) To complete administrative paperwork.
 - B) To establish a rapport with the patient.
 - C) To diagnose complex diseases without any further investigation.
 - D) To avoid the use of diagnostic imaging.
3. During a physical examination, which technique is used to listen to the internal sounds of the body?
 - A) Inspection
 - B) Palpation
 - C) Percussion
 - D) Auscultation
4. What is the primary purpose of palpation during a physical examination?
 - A) To observe the patient's skin color.
 - B) To listen to heart sounds.
 - C) To feel for abnormalities such as lumps or swelling.
 - D) To measure blood pressure.
5. Which of the following physical examination techniques involves tapping on the body to detect fluid or air?
 - A) Inspection



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/S212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



- B) Palpation
- C) Percussion
- D) Auscultation

6. When should a nurse perform a focused physical examination?

- A) During the initial assessment of a new patient.
- B) When there is a specific concern or symptom reported by the patient.
- C) At every routine check-up regardless of symptoms.
- D) Only when the patient has a chronic illness.

7. Which of the following is NOT typically assessed during a general physical examination?

- A) Vital signs
- B) Skin integrity
- C) Educational background
- D) Respiratory function

8. What information does the nurse gain from assessing the patient's gait during a physical examination?

- A) The patient's ability to follow instructions.
- B) The presence of muscle weakness or coordination issues.
- C) The level of patient pain.
- D) The patient's psychological state.

9. Which physical examination finding might suggest a respiratory issue?

- A) Pale skin
- B) Swollen ankles
- C) Increased respiratory rate and abnormal breath sounds
- D) Elevated blood pressure

10. Why is it important for a nurse to document findings from a physical examination?



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



- A) To have a record for legal purposes.
- B) To ensure all staff members are aware of the patient's diagnosis.
- C) To provide a baseline for future comparisons and care planning.
- D) To replace the need for diagnostic tests.

KEY:

- 1. C
- 2. B
- 3. D
- 4. C
- 5. C
- 6. B
- 7. C
- 8. B
- 9. C
- 10. C

Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002





SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snn@narayanannursingcollege.com
Website: https://sreenarayanannursingcollege.com

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006
A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006
Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



SNNC/ACD/VAC/2019-2020/05.

Date: 19/08/2019

CIRCULAR

The Medical Surgical Nursing Department is planned to conduct value added course on "EMOTIONAL INTELLIGENCE" From 20/09/2019 To 21/09/2019. The I PB. B.Sc., & II B.Sc., Nursing students are instructed to attend the course without fail.

V. Jayanthi
Principal

Copy To:

1. IQAC Co-Ordinator
2. Class Co-Ordinator
3. Notice Board




Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



COURSE TITLE: EMOTIONAL INTELLIGENCE

AIM:

The aim of emotional intelligence (EI) is to enhance an individual's ability to recognize, understand, manage, and effectively use their own emotions and the emotions of others in a constructive and empathetic way

COURSE OBJECTIVES:

1. Understand the principles and components of emotional intelligence and their impact on personal and professional effectiveness.
2. Develop self-awareness skills to recognize and manage personal emotions, strengths, and areas for improvement.
3. Enhance skills in self-regulation to manage stress, maintain emotional control, and adapt to change.

COURSE OUTCOMES:

By the end, Participants will be able to;

- Recognize their emotional patterns, understand their impact on behaviour, and identify areas for personal growth.
- Manage emotions effectively, maintain calm under pressure, and adapt to changing circumstances with resilience.
- Cultivate empathy, enhance listening skills, and improve the ability to connect with others on a deeper emotional level.



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



PROGRAM SCHEDULE:

DATE	TOPICS	SESSION & DURATION
23/08/2019 (FRIDAY)	Introduction to Emotional Intelligence	F.N (9:00 A.M. to 1:00 P.M.)
	Developing self-awareness	
	Mastering self-regulation	A.N (2:00 P.M. to 6:00 P.M.)
	Cultivating Intrinsic motivation	
24/08/2019 (SATURDAY)	Enhancing Empathy & building skills	F.N (9:00 A.M. to 1:00 P.M.)
	Applying in Leadership	
	Emotional Intelligence in decision making	A.N (2:00 P.M. to 6:00 P.M.)
	Developing personal and emotional intelligence	

Principal

SREE NARAYANA NURSING COLLEGE

Chinthareddypalem,
NELLORE-524 002





SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snn@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



EMOTIONAL INTELLIGENCE

PRETEST/ POST TEST QUESTIONNAIRE

1. How does emotional intelligence enhance patient care in nursing?

- A) By increasing technical skills
- B) By improving communication and empathy
- C) By reducing the need for medical interventions
- D) By decreasing the number of nursing shifts

2. Which aspect of emotional intelligence is most crucial for managing patient stress effectively?

- A) Self-awareness
- B) Self-regulation
- C) Social skills
- D) Motivation

3. What role does emotional intelligence play in conflict resolution among healthcare teams?


- A) It increases the number of conflicts
- B) It encourages avoidance of conflicts
- C) It helps in understanding different perspectives and finding common ground
- D) It diminishes the need for teamwork

4. How can emotional intelligence impact a nurse's ability to provide compassionate care?

- A) By focusing solely on medical tasks
- B) By understanding and responding to patients' emotional needs
- C) By delegating patient care to others
- D) By increasing the workload of the nurse

5. Which emotional intelligence skill is essential for building trust with patients?




Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snrc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/S212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



- A) Self-awareness
- B) Empathy
- C) Time management
- D) Technical proficiency

6. What is one way that high emotional intelligence in nurses can benefit patient outcomes?

- A) It leads to more frequent hospital visits
- B) It improves patient adherence to treatment plans
- C) It increases the likelihood of medical errors
- D) It reduces the quality of patient education

7. In what way does emotional intelligence help nurses handle high-stress situations?

- A) By avoiding stressful situations
- B) By maintaining calm and making better decisions
- C) By increasing the stress level of others
- D) By reducing patient interactions


8. Which of the following is a direct benefit of emotional intelligence in managing patient and family interactions?

- A) Increased incidence of misunderstandings
- B) Better conflict management and clearer communication
- C) Less time spent with patients
- D) Reduced patient satisfaction

9. How does emotional intelligence contribute to a nurse's job satisfaction?

- A) By making tasks more repetitive
- B) By improving relationships with colleagues and patients
- C) By increasing administrative tasks
- D) By reducing the need for professional development




Principal

SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.




EMOTIONAL INTELLIGENCE

PRETEST/ POST TEST QUESTIONNAIRE

1. How does emotional intelligence enhance patient care in nursing?
 - A) By increasing technical skills
 - B) By improving communication and empathy
 - C) By reducing the need for medical interventions
 - D) By decreasing the number of nursing shifts
2. Which aspect of emotional intelligence is most crucial for managing patient stress effectively?
 - A) Self-awareness
 - B) Self-regulation
 - C) Social skills
 - D) Motivation
3. What role does emotional intelligence play in conflict resolution among healthcare teams?
 - A) It increases the number of conflicts
 - B) It encourages avoidance of conflicts
 - C) It helps in understanding different perspectives and finding common ground
 - D) It diminishes the need for teamwork
4. How can emotional intelligence impact a nurse's ability to provide compassionate care?
 - A) By focusing solely on medical tasks
 - B) By understanding and responding to patients' emotional needs
 - C) By delegating patient care to others
 - D) By increasing the workload of the nurse
5. Which emotional intelligence skill is essential for building trust with patients?




Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



- A) Self-awareness
- B) Empathy
- C) Time management
- D) Technical proficiency

6. What is one way that high emotional intelligence in nurses can benefit patient outcomes?

- A) It leads to more frequent hospital visits
- B) It improves patient adherence to treatment plans
- C) It increases the likelihood of medical errors
- D) It reduces the quality of patient education

7. In what way does emotional intelligence help nurses handle high-stress situations?

- A) By avoiding stressful situations
- B) By maintaining calm and making better decisions
- C) By increasing the stress level of others
- D) By reducing patient interactions

8. Which of the following is a direct benefit of emotional intelligence in managing patient and family interactions?

- A) Increased incidence of misunderstandings
- B) Better conflict management and clearer communication
- C) Less time spent with patients
- D) Reduced patient satisfaction

9. How does emotional intelligence contribute to a nurse's job satisfaction?

- A) By making tasks more repetitive
- B) By improving relationships with colleagues and patients
- C) By increasing administrative tasks
- D) By reducing the need for professional development



Principal

SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



10. Which emotional intelligence component helps a nurse to adapt to changing patient conditions and healthcare environments?

- A) Self-awareness
- B) Self-regulation
- C) Social skills
- D) Motivation

KEY:

- 1. B
- 2. B
- 3. C
- 4. B
- 5. B
- 6. B
- 7. B
- 8. B
- 9. B
- 10. B




Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



SNNC/ACD/VAC/2019-2020/04.

Date: 05/08/2019

CIRCULAR

The Child Health Nursing Department is planned to conduct value added course on "PEDIATRIC CARE NURSING" From 09/08/2019 To 10/08/2019. The III B.Sc., & II P.B.B.Sc., Nursing students are instructed to attend the course without fail.

V. Jayanthi
Principal

Copy To:

1. IQAC Co-Ordinator
2. Class Co-Ordinator
3. Notice Board



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



COURSE TITLE: PEDIATRIC CARE NURSING

AIM:

The aim of paediatric care is to provide comprehensive, compassionate, and developmentally appropriate healthcare to children from infancy through adolescence, focusing on promoting their physical, emotional, and social well-being.

COURSE OBJECTIVES:

1. Understand the principles of paediatric care, including growth and development, and the unique needs of children across different age groups.
2. Develop skills in assessing, planning, and implementing care for paediatric patients with various medical, surgical, and chronic conditions.
3. Enhance communication skills to effectively engage with children and their families, ensuring family-centred care.
4. Integrate knowledge of paediatric medication safety, immunizations, and preventive care into nursing practice.

COURSE OUTCOMES:

By the end of the course, Learners will:

- demonstrate a clear understanding of paediatric nursing concepts, including developmental milestones and age-specific care needs.
- Perform comprehensive physical and developmental assessments tailored to children's unique physiological and psychological needs.
- Communicate effectively with children and their families, adapting techniques to suit the developmental stage and individual needs of the child.
- Manage common acute and chronic paediatric conditions using evidence-based nursing interventions, including medication administration and monitoring.



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



PROGRAM SCHEDULE:

DATE	TOPICS	SESSION & DURATION
09/08/2019 (FRIDAY)	Introduction to pediatric care	F.N (9:00 A.M. to 1:00 P.M.)
	Growth and Development of children	
	Pediatric Assessment	A.N (2:00 P.M. to 6:00 P.M.)
	Common pediatric conditions	
10/08/2019 (SATURDAY)	Medication safety in children&Immunization and preventive care	F.N (9:00 A.M. to 1:00 P.M.)
	Communicating with children	
	Pediatric pain management& psychological and mental health	A.N (2:00 P.M. to 6:00 P.M.)
	Pediatric Nutrition	



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.




PEDIATRIC CARE

PRETEST/ POST TEST QUESTIONNAIRE

1. What is the primary focus of pediatric nursing care?
 - A) Managing chronic diseases in adults
 - B) Providing care to children and supporting their developmental needs
 - C) Diagnosing adult illnesses
 - D) Administering complex surgical procedures
2. Which of the following is a common developmental milestone for a 12-month-old infant?
 - A) Walking with assistance
 - B) Speaking in full sentences
 - C) Tying shoelaces
 - D) Riding a bicycle
3. When assessing a pediatric patient, which tool is commonly used to estimate the child's pain level?
 - A) The Glasgow Coma Scale
 - B) The Wong-Baker Faces Pain Rating Scale
 - C) The Braden Scale
 - D) The Apgar Score
4. What is a key consideration when administering medications to pediatric patients?
 - A) Dosage is based on the adult standard
 - B) Pediatric dosages are typically calculated based on weight or body surface area
 - C) Medications can be given in any form regardless of the child's age
 - D) It is not necessary to check the medication's expiration date




Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



5. Which of the following is an appropriate method for preparing a child for a medical procedure?

- A) Using complex medical terminology
- B) Allowing the child to choose their own procedure date
- C) Explaining the procedure in simple, age-appropriate language
- D) Ignoring the child's questions about the procedure

6. What is a common sign of dehydration in a pediatric patient?

- A) Increased appetite
- B) Dry mucous membranes
- C) Regular urination
- D) Decreased thirst

7. Which of the following is an important aspect of family-centered care in pediatrics?

- A) Limiting family involvement in care decisions
- B) Encouraging family members to leave the hospital room
- C) Collaborating with families in the care plan and decision-making
- D) Excluding family from educational sessions about the child's condition

8. When performing a physical assessment on a child, which approach is generally recommended?

- A) Start with invasive procedures to get them over with
- B) Begin with less invasive and less distressing assessments
- C) Conduct the assessment in a formal, clinical manner without interaction
- D) Avoid using any toys or distractions

9. Which immunization is typically administered at 2 months of age?

- A) Measles, Mumps, and Rubella (MMR)
- B) Hepatitis B

C) Varicella (chickenpox)



Principal

SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



D) Diphtheria, Tetanus, and Pertussis (DTaP)

10. In pediatric emergency care, what is the first step when assessing an unresponsive child?

- A) Begin immediate CPR without assessing responsiveness
- B) Check for responsiveness by gently shaking the child and calling their name
- C) Administer medication for potential seizures
- D) Immediately contact the child's primary care physician

KEY:

- 1. B
- 2. A
- 3. B
- 4. B
- 5. C
- 6. B
- 7. C
- 8. B
- 9. D
- 10. B



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnn@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



SNNC/ACD/VAC/2019-2020/03.

Date: 08/07/2019

CIRCULAR

The Medical Surgical Nursing department is planned to conduct value added course on "PALLIATIVE CARE NURSING" From 12/07/2019 To 13/07/2019. The III B.Sc., Nursing students are instructed to attend the course without fail.

V. Jayanti
Principal

Copy To:

1. IQAC Co-Ordinator
2. Class Co-Ordinator
3. Notice Board



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



COURSE TITLE: PALLIATIVE CARE NURSING

AIM:

This course will focus on enhancing the quality of life for patients and their families through holistic and patient-centred approaches.

COURSE OBJECTIVES:

1. To understand the principles and philosophy of palliative care and its importance in nursing.
2. To develop skills in pain and symptom management for patients with life-limiting illnesses.
3. To improve communication skills for effective interactions with patients, families, and the healthcare team.
4. To learn strategies for providing emotional, spiritual, and psychosocial support to patients and their families.

COURSE OUTCOMES:

By the End of the Course, Participants Will Be Able To:

- Confidently apply patient safety measures in clinical settings.
- Recognize and mitigate risks to enhance patient care outcomes.
- Work collaboratively within multidisciplinary teams to uphold safety standards.
- Contribute proactively to the safety culture of their healthcare organizations.



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



PROGRAM SCHEDULE:

DATE	TOPICS	SESSION & DURATION
12/07/2019 (FRIDAY)	Introduction to Palliative care	F.N (9:00 A.M. to 1:00 P.M.)
	Holistic assessment in palliative care	
	Pain and symptom management	A.N (2:00 P.M. to 6:00 P.M.)
	Communication in Palliative care	
13/07/2019 (SATURDAY)	Ethical and Legal Aspects in palliative care	F.N (9:00 A.M. to 1:00 P.M.)
	Spiritual and psychological support	A.N (2:00 P.M. to 6:00 P.M.)
	Palliative care in special population	
	Interdisciplinary Teamwork	



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006


Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



PALLIATIVE CARE IN NURSING PRETEST/ POST TEST QUESTIONNAIRE

1. What is the primary goal of palliative care?
 - A) To cure the patient's illness
 - B) To provide symptomatic relief and improve quality of life
 - C) To extend the patient's life by any means
 - D) To transition the patient to hospice care
2. Which of the following is NOT a typical component of palliative care?
 - A) Pain management
 - B) Psychological support
 - C) Intensive care unit (ICU) admission
 - D) Spiritual support
3. In palliative care, what is the significance of advanced care planning?
 - A) To ensure the patient receives aggressive treatments
 - B) To document the patient's wishes regarding medical interventions
 - C) To mandate specific treatments regardless of patient preferences
 - D) To postpone discussions about end-of-life care
4. Which symptom management strategy is essential in palliative care for managing dyspnea (shortness of breath)?
 - A) High-dose antibiotics
 - B) Oxygen therapy and positioning
 - C) Aggressive chemotherapy
 - D) Frequent blood transfusions
5. Which of the following interventions is crucial for managing pain in a palliative care setting?




Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



- A) Discontinuing all medications
- B) Using a patient-controlled analgesia (PCA) pump
- C) Restricting fluid intake
- D) Avoiding opioid medications

6. How should a palliative care nurse approach communication with a patient who is nearing end of life?

- A) Avoid difficult conversations to not distress the patient
- B) Discuss openly about the patient's condition and preferences
- C) Use medical jargon to ensure accuracy
- D) Redirect conversations to avoid emotional topics

7. What is the role of a palliative care nurse in supporting the family of a patient?

- A) To provide only medical information
- B) To ensure family members make all medical decisions
- C) To offer emotional support and education on the care process
- D) To exclude family from the care discussions

8. Which of the following is a common challenge in palliative care related to ethical decision-making?

- A) Determining the patient's favorite foods
- B) Deciding on the type of music to play
- C) Balancing the patient's wishes with clinical recommendations
- D) Choosing between different leisure activities

9. In palliative care, what is the importance of managing gastrointestinal symptoms such as nausea and constipation?

- A) To ensure the patient eats more food
- B) To avoid unnecessary hospitalizations
- C) To improve the patient's comfort and quality of life
- D) To decrease the frequency of medical visits



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



10. Which ethical principle is most emphasized in palliative care when making decisions about the patient's care?

- A) Autonomy
- B) Beneficence
- C) Justice
- D) Non-maleficence

KEY:

- 1. B
- 2. C
- 3. B
- 4. B
- 5. B
- 6. B
- 7. C
- 8. C
- 9. C
- 10. A



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnn@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/S212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



SNNC/CURR.COM/VAC/2019-2020/02.

Date: 24/06/2019

CIRCULAR

The Nursing Foundation Department is planned to conduct value added course on **"PATIENT SAFETY IN NURSING"** From **28/06/2019 To 29/06/2019**. The I B.Sc., Nursing students are instructed to attend the course without fail.

V. Jayanta
PRINCIPAL

Copy To:

- 1. IQAC Co-Ordinator**
- 2. Class Co-Ordinator**
- 3. Notice Board**



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



COURSE TITLE: PATIENT SAFETY IN NURSING

AIM:

This course can be tailored to both nursing students and practicing nurses, equipping them with up-to-date practices and tools in patient safety. Here's a structured outline for such a course:

COURSE OBJECTIVES:

1. Understand the principles of patient safety and the role of nurses in maintaining safe care environments.
2. Develop competencies in identifying, managing, and preventing common patient safety issues.
3. Implement evidence-based practices to reduce errors, enhance communication, and improve overall patient outcomes.
4. Foster a culture of safety and teamwork in healthcare settings.

COURSE OUTCOMES:

By the End of the Course, Participants Will Be Able To:

- Confidently apply patient safety measures in clinical settings.
- Recognize and mitigate risks to enhance patient care outcomes.
- Work collaboratively within multidisciplinary teams to uphold safety standards.
- Contribute proactively to the safety culture of their healthcare organizations



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



PROGRAM SCHEDULE:

DATE	TOPICS	SESSION & DURATION
28/06/2019 (FRIDAY)	Introduction	F.N (9:00 A.M. to 1:00 P.M.)
	Medication safety	
	Infection prevention and control	A.N (2:00 P.M. to 6:00 P.M.)
	Communication and teamwork in patient safety	
29/06/2019 (SATURDAY)	Fall and Injury prevention	F.N (9:00 A.M. to 1:00 P.M.)
	Safe patient Handling	
	Error reporting	A.N (2:00 P.M. to 6:00 P.M.)
	Ethical and Legal considerations in patient safety	



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



PATIENT SAFETY IN NURSING

PRETEST/ POST TEST QUESTIONNAIRE

1. Which of the following actions is most effective in preventing hospital-acquired infections?

- A) Frequent hand washing
- B) Using the same gloves for multiple patients
- C) Wearing a mask only during flu season
- D) Ignoring isolation protocols for patients with contagious diseases

2. What is the primary purpose of using bar-code medication administration (BCMA) systems in nursing?

- A) To reduce medication errors
- B) To speed up the medication administration process
- C) To ensure that medications are administered at a faster rate
- D) To replace manual patient charts

3. Which of the following is a critical step in preventing falls in patients?

- A) Placing call lights out of reach
- B) Keeping the patient's room clutter-free
- C) Ensuring patients wear non-slip socks only during therapy sessions
- D) Ignoring patient requests for assistance


Principal

SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



4. In which scenario should a "time-out" procedure be performed?

- A) Before starting a new medication
- B) Prior to performing a surgical procedure
- C) At the beginning of each shift
- D) When a patient is transferred to a different room

5. What is the best approach to address a situation where a patient is experiencing severe pain but has not received any pain relief medication?

- A) Wait for the patient to ask for pain medication
- B) Administer a higher dose of medication without a doctor's order
- C) Assess the patient's pain and inform the healthcare provider immediately
- D) Document the pain but take no further action

6. Which of the following is an example of a high-alert medication that requires special precautions?

- A) Ibuprofen
- B) Acetaminophen
- C) Insulin
- D) Diphenhydramine

7. How can nurses contribute to reducing medication errors related to look-alike, sound-alike (LASA) medications?


Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



- A) By storing LASA medications in different areas
- B) By using generic names exclusively
- C) By confirming medication orders with patients
- D) By labelling medications with bright colours

8. What is the primary purpose of a fall risk assessment tool in a hospital setting?

- A) To monitor patient weight changes
- B) To identify patients at high risk for falls
- C) To determine the need for physical therapy
- D) To assess patients' nutritional needs

9. When should a nurse perform hand hygiene according to best practices?

- A) Only before patient contact
- B) After patient contact and before performing any procedure
- C) Only when hands are visibly soiled
- D) Only after using gloves

10. Which action should a nurse take if a patient refuses to take a prescribed medication?

- A) Force the medication to ensure compliance
- B) Document the refusal and inform the healthcare provider
- C) Ignore the refusal and proceed with the treatment plan
- D) Ask another nurse to administer the medication


Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnn@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



SNNC/ACD/VAC/2019-2020/01.

Date: 10/06/2019

CIRCULAR

The Medical Surgical Nursing Department is planned to conduct value added course on "EMAIL ETIQUETTE TRAINING" From 14/06/2019 To 15/06/2019. The II B.Sc., Nursing students are instructed to attend the course without fail.

V. Jayanta
PRINCIPAL

Copy To:

1. IQAC Co-Ordinator
2. Class Co-Ordinator
3. Notice Board



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



COURSE TITLE: EMAIL ETIQUETTE TRAINING

AIM:

This course aims to equip nursing students with essential email communication skills that are increasingly critical in today's digital healthcare environment.

COURSE OBJECTIVES:

- Understand the importance of professional email communication in healthcare settings.
- Learn how to write clear, concise, and polite emails.
- Master email formatting, tone, and confidentiality best practices.
- Recognize common email pitfalls and how to avoid them.

COURSE OUTCOMES:

By the end of the topic, the Nursing students will be able to;

- Compose clear, concise, and professional emails, enhancing their ability to communicate effectively.
- Emphasize the importance of maintaining patient confidentiality and privacy laws when communicating via email.
- Manage email efficiently, including prioritizing messages, using folders, and setting up automated responses.



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



PROGRAM SCHEDULE:

DATE	TOPICS	SESSION & DURATION
14/06/2019 (FRIDAY)	Introduction & Components of a professional	F.N (9:00 A.M. to 1:00 P.M.)
	Writing effective emails & Confidentiality and privacy in email Communication	
	Handling difficult conversations via email	A.N (2:00 P.M. to 6:00 P.M.)
	Response time and managing expectations	
15/06/2019 (SATURDAY)	Attachments and hyperlinks	F.N (9:00 A.M. to 1:00 P.M.)
	Avoiding common mistakes	
	Practical exercises and case studies	A.N (2:00 P.M. to 6:00 P.M.)
	Assessment and certification	



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



EMAIL ETIQUETTE TRAINING

PRETEST/ POST TEST QUESTIONNAIRE

1. Which of the following is the most appropriate subject line for an email requesting time off?

- A) "Urgent: Need Time Off"
- B) "Request for Time Off - [Your Name]"
- C) "Important: Time Off Request"
- D) "Time Off Request - Immediate Attention Needed"

2. When addressing a colleague in a professional email, which salutation is considered most appropriate?

- A) "Hey [First Name],"
- B) "Hello [First Name],"
- C) "Hi [First Name],"
- D) "Dear [Title] [Last Name],"

3. What is the best practice for including patient information in an email?

- A) Include detailed patient information to ensure clarity.
- B) Attach patient records directly to the email.
- C) Use secure communication channels and avoid including sensitive information in non-secure emails.
- D) Share patient information in the email but use a disclaimer about confidentiality.

4. Which of the following is an appropriate way to sign off on a professional email?

- A) "Cheers,"
- B) "Best regards,"
- C) "Later,"
- D) "Thanks a bunch,"



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snn@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



5. How should you handle a situation where you need to follow up on an unanswered email?

- A) Send a new email with a different subject line.
- B) Wait indefinitely for a response.
- C) Send a polite follow-up email after a reasonable amount of time.
- D) Call the recipient immediately.

6. What is an important consideration when writing an email to a supervisor?

- A) Use informal language to appear friendly.
- B) Be concise and to the point, and avoid unnecessary details.
- C) Include personal anecdotes to build rapport.
- D) Use a casual tone to make the email more relatable.

7. Which of the following is a key element to ensure email clarity and professionalism?

- A) Using emojis to convey emotions.
- B) Using complex medical jargon to demonstrate expertise.
- C) Writing in clear, simple language and using proper grammar and punctuation.
- D) Sending emails without proofreading to save time.

8. When is it appropriate to use "Reply All" in an email thread?

- A) When the information is relevant to all recipients.
- B) When responding to a message that only concerns you.
- C) To express personal opinions unrelated to the topic.
- D) To ensure everyone is aware of your response.

9. What should you do if you make a mistake in an email you have already sent?

- A) Ignore the mistake and hope it goes unnoticed.



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



- B) Send a follow-up email apologizing and correcting the mistake.
- C) Edit the original email if possible.
- D) Call the recipients to explain the mistake.

10. What is the role of a signature block in a professional email?

- A) To include personal quotes or jokes.
- B) To provide contact information and professional credentials.
- C) To add colorful images or logos.
- D) To create a visual distraction to make the email more interesting.

KEY:

- 1. B
- 2. D
- 3. C
- 4. B
- 5. C
- 6. B
- 7. C
- 8. A
- 9. B
- 10. B



Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002